



FINAL PROGRAM

LaserInnsbruck 2008

advances and controversies
in laser and aesthetic surgery

2nd International Conference

September 3rd - September 6th 2008

Laserzentrum Innsbruck
Russe-Wilflingseder

in collaboration with LaserBarcelona
Instituto de Fotomedicina



Dear Colleagues,

I welcome you to LaserInnsbruck 2008, Advances and Controversies in Laser and Aesthetic Surgery, 2nd International Conference, in Innsbruck September 3 to 6, 2008. I hope *you* enjoy this meeting!

This meeting is the continuation of LaserBarcelona 2006 with the academic profile free of commercial interference from industry. As announced 2006 in Barcelona this conference is supposed to be held every 2 years and tries to be one of the main European laser meetings to discuss the latest improvements in medical laser uses. This time Innsbruck takes the leadership to organize the 2008 meeting. Our aim is to get-together the most influential experts for laser development, innovations and applications in cutaneous laser and aesthetic surgery.

The key aspects of activity deal with aesthetic procedures and treatments of diseases. The "hot topics" in cutaneous lasers and adjunctive procedures in aesthetic surgery are focused in short sessions. Discussion and interactive exchange of knowledge with the audience is of major importance. Post-Conference Workshops offer you the opportunity to discuss the newest devices and to interchange knowledge with the experts.

Objectives of this Conference are:

- Emphasis on new techniques and technologies
- Treatment options of different diseases
- Comparison of procedures
- Evaluation of controversies
- Discussion of techniques and complications
- Review of diversity and procedures' endpoints
- Comments on the latest innovations

This conference is of benefit to beginner and experienced laser and aesthetic surgeons.

Autumn is one of the best periods to visit Innsbruck. The city of two Olympic Winter Games is attractive for its extraordinary location within the heart of the Alps. The famous old part of the city with the "Golden Roof" and other places of interest are all within walking distances.

We intend to make your stay in Innsbruck worthwhile due to an interesting scientific conference and an enjoyable social program for participants and accompanying persons.

We are looking forward to welcome you
to Innsbruck in 2008.

Katharina Russe-Wilflingseder MD
Conference President

Innsbruck - Triumphforte



Conference President

Katharina Russe-Wilflingseder MD – *Innsbruck, Austria*

Program Chair

Gabriel Buendia MD – *Barcelona, Spain*

Albert J. Nemeth MD – *Clearwater, USA*

Katharina Russe-Wilflingseder MD – *Innsbruck, Austria*

Faculty

R. Rox Anderson MD – *Boston, USA*

*Department of Dermatology, Harvard Medical School,
Wellman Center for Photomedicine,
Massachusetts General Hospital*

Mathew M. Avram MD JD – *Boston, USA*

*Department of Dermatology, Harvard Medical School,
Massachusetts General Hospital*

Hans-Peter Berlien MD – *Berlin, Germany*

Elisabeth Klinik, Abteilung für Lasermedizin

Gabriel Buendia MD – *Barcelona, Spain*

Instituto de Fotomedicina, Centro Medico Teknon

Javier de Benito MD – *Barcelona, Spain*

Instituto Javier de Benito, Centro Medico Teknon

Christine Dierickx MD – *Boom, Belgium*

Skin and Laser Center Boom

Merete Hædersdal MD PhD – *Copenhagen, Denmark*

Department of Dermatology, Bispebjerg University Hospital

Thomas Hintringer MD – *Linz, Austria*

*Abteilung für Plastische, Ästhetische und Rekonstruktive Chirurgie
Krankenhaus der Barmherzigen Schwestern*

Peter Kaudewitz MD – *Munich, Germany*

*Klinik und Poliklinik für Dermatologie und Allergologie,
Klinikum der Universität München*

Suzanne L. Kilmer MD – *Sacramento, USA*

Laser & Skin Surgery Center of Northern California



View to Innsbruck

Wolfgang Kimmig MD - Hamburg, Germany

*Klinik und Poliklinik für Dermatologie und Venerologie,
Universitäts-Klinikum Hamburg-Eppendorf*

Michel Mazer MD - Paris, France

Centre Trevisse Paris

Albert J. Nemeth MD - Clearwater, USA

Advanced Specialized Laser Center

Uwe Paasch MD - Leipzig, Germany

*Klinik für Dermatologie, Venerologie und Allergologie,
Universität Leipzig*

Christian Raulin MD - Karlsruhe, Germany

Laserklinik Karlsruhe

Katharina Russe-Wilflingseder MD - Innsbruck, Austria

Plastische Chirurgie und Laserzentrum Innsbruck

Stephan Spendel MD - Graz, Austria

*Klinische Abteilung für Plastische Chirurgie der
Universitätsklinik für Chirurgie*

Rolf-Markus Szeimies MD PhD - Regensburg, Germany

*Klinik und Poliklinik für Dermatologie,
Klinikum der Universität Regensburg*

Emil A. Tanghetti MD - Sacramento, USA

Center for Dermatology and Laser Surgery

Christopher B. Zachary MD - Irvine, USA

Department of Dermatology, University of California Irvine

Organization

Organizing Committee:

Laserzentrum Innsbruck

Russe-Wilflingseder

Manfred Herold MD PhD

Elisabeth Russe MD

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fax: +43 512 25 2737

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Conference Venue

Villa Blanka

Weiherburggasse 8

6020 Innsbruck, Austria



Villa Blanka

Registration

The conference is accredited for *12 CME* credit points (by the EACCME - European Accreditation Council for Continuous Education) as well as *17 DFP* points („Fachpunkte Dermatologie und Plastische Chirurgie der Österreichischen Ärztekammer“).

Registration Dates and Hours:

Wednesday, Sept. 3, 2008	15:00 - 19:00
Thursday, Sept. 4, 2008	08:30 - 17:00
Friday, Sept. 5, 2008	08:30 - 17:00
Saturday, Sept. 6, 2008	08:30 - 10:00

For registration & accommodation visit
www.laserinnsbruck.com

Registration Fee

Doctor	580 EUR
Resident*	390 EUR

* A letter of verification from Department Chair must accompany application for a reduced fee.

Registration Fee for Participants covers:

Admission to scientific sessions and exhibition
Admission to workshops
Certificate of attendance
Coffee breaks
Lunches
Welcome Reception
(Tyrolean Evening not included)

Cancellation Policy:

A handling fee of EUR 50 is deducted for cancellation. Refund requests must be received by mail or fax prior *August 15, 2008*. No refunds will be made thereafter.

Wednesday, September 3, 2008

- 15:00 – 19:00 *Registration*
- 17:00 – 17:45 **Opening and Welcome**
Katharina Russe-Wilflingseder, *Conference President & Program Chair*
Albert J. Nemeth, *Program Chair*
Gabriel Buendia, *LaserBarcelona*
- 17:45 – 18:30 **Special Honorary Guest Speaker**
The Future of Aesthetic Medicine & Surgery from the Non-Laser, Classic and Timeless Perspective
Javier de Benito
- 18:45 – 21:30 *Welcome Reception in the Exhibit*
Join us to meet colleagues & exhibitors, make new friends

Thursday, September 4, 2008

- 09:00 – 10:30 **Advances and Controversies in Rejuvenation:**
"Ablative Fractional and Plasma Resurfacing"
Moderator: Tanghetti
Expert Panel: Dierickx, Kilmer, Nemeth, Paasch, Zachary
- 09:00 Ablative Fractional Resurfacing: Overview & Present Status
Christine Dierickx
- 09:15 Fractionated Erbium Resurfacing: Histology
Uwe Paasch
- 09:30 Fractionated Ablative Energy Rejuvenation
Christopher Zachary
- 09:45 Plasmakinetik Resurfacing
Suzanne Kilmer
- 10:00 Erbium Laser Resurfacing for Acne Scars: the Gold Standard
Albert Nemeth
- 10:15 Discussion and Summary
Expert Panel and Attendee Interaction
- 10:30 – 11:00 *Coffee Break with Exhibitors*

11:00 – 12:30 **Advances and Controversies in Rejuvenation:**

"Non-Ablative Fractional Rejuvenation"

Moderator: Kilmer

Expert Panel: Anderson, Dierickx, Mazer, Raulin, Tanghetti

11:00 Non-Ablative Fractional Photothermolysis:
Overview & Present Status
Rox Anderson

11:15 Fractional Ablative vs Fractional Non-Ablative
Rejuvenation: Results vs Downtime
Jean-Michel Mazer

11:30 Non-Ablative Fractional Rejuvenation:
Do the Results of Any Device Stand Out?
Christine Dierickx

11:45 Non-Ablative Fractional Rejuvenation with
CAP Technology & Dual Wavelength: Histology
Emil Tanghetti

12:00 Fractional Photothermolysis:
Does it Work for Melasma?
Christian Raulin

12:15 Discussion and Summary
Expert Panel and Attendee Interaction

12:30 – 13:30 *Lunch in the Exhibit Hall*

13:30 – 15:15 **Advances and Controversies in Body Shaping:**

Moderator: Anderson

Expert Panel: Avram, Russe-Wilflingseder, Tanghetti, Zachary

13:30 The Science of Fat & Cellulite / Non Invasive Fat
Removal / Where Do We Stand?
Mathew Avram

13:45 Selective Photothermolysis of Fat with a
1210 nm Laser / Cryolipolysis
Rox Anderson

14:00 Tissue Tightening with a 1320 / 1440 nm Laser:
Does it Work?
Emil Tanghetti

14:15 Monopolar RF and its Role in Body Contouring
Christopher Zachary

14:30 Acoustic Wave Treatment for Cellulite:
Preliminary Results
Katharina Russe-Wilflingseder

14:45 Discussion and Summary
Expert Panel and Attendee Interaction

15:00 – 15:30 *Coffee Break with Exhibitors*

15:30 – 17:00 **Advances and Controversies in
Scars, Keloids and Striae:**

Moderator: Zachary

Expert Panel: Avram, Hædersdal, Kaudewitz, Kilmer, Spendel

15:30 Treatment of Scars, Keloids & Striae:
Overview & Present Status
Suzanne Kilmer

15:45 Fractional 1540 nm Laser Treatment of Burn Scars
Merete Hædersdal

16:00 Thermal Erbium:YAG Laser Treatment of Keloids
Stephan Spendel

16:15 Fractional Photothermolysis for Acne Scars
Peter Kaudewitz

16:30 New Technologies & Adjunctive Procedures
Mathew Avram

16:45 Discussion and Summary
Expert Panel and Attendee Interaction

17:00 Session Ends

17:00 – 18:00 *Visit Exhibit Hall*

19:30 *Faculty Dinner at the Ulrich Haus am Bergisel
(by personal invitation)*

Friday, September 5, 2008

09:00 – 10:45 **Advances and Controversies in
Vascular Lesions:**

Moderator: Nemeth

Expert Panel: Berlien, Hædersdal, Hintringer, Kaudewitz,
Mazer, Spendel, Tanghetti

- 09:00 Treatment of Vascular Malformations:
Overview & Present Status
Hans-Peter Berlien
- 09:15 Vascular Malformations: Laser vs Surgery
Stephan Spindel
- 09:25 Treatment of Hemangiomas:
Interstitial vs Traditional
Thomas Hintringer
- 09:35 Port Wine Stains: PDL vs IPL
Merete Hædersdal
- 09:45 Laser Treatment of PWS: Do We Need Purpura?
Jean-Michel Mazer
- 09:55 Pulsed Dye Laser: New Pulse Formats
Emil Tanghetti
- 10:05 Which Laser is Best to Treat Facial
Telangiectasias & Rosacea?
Albert Nemeth
- 10:15 Which Laser is Best to Treat Leg Veins?
Treatment Endpoints
Peter Kaudewitz
- 10:25 Discussion and Summary
Expert Panel and Attendee Interaction
- 10:45 – 11:15 *Coffee Break with Exhibitors*
- 11:15 – 12:30 **Advances and Controversies in
Photodynamic Therapy:**
"Acne and Skin Rejuvenation"
Moderator: Dierickx
Expert Panel: Anderson, Hædersdal, Kaudewitz, Szeimies
- 11:15 PDT for the Treatment of Acne and Skin Rejuvenation:
Overview & Present Status
Rolf-Markus Szeimies
- 11:30 PDT's Role in Acne Management
Peter Kaudewitz
- 11:45 Acne: PDT Treatment with Lasers and Light Sources
Merete Hædersdal
- 12:00 Future Developments in PDT
Rox Anderson
- 12:15 Discussion and Summary
Expert Panel and Attendee Interaction

12:30 – 13:30 *Lunch in the Exhibit Hall*

13:30 – 14:45 **Advances and Controversies in
Pigmented Lesions and Tattoos:**

Moderator: Raulin

Expert Panel: Anderson, Kilmer, Kimmig, Nemeth

13:30 Lasers to Treat Tattoos:
Overview & Present Status
Suzanne Kilmer

13:45 Tattoos & Inks: Are New Technologies Needed?
Freedom2™ Ink
Rox Anderson

14:00 Lasers to Treat Pigmented Lesions:
Overview & Present Status
Albert Nemeth

14:15 Pigmented Lesions: What to Treat and
What Not to Treat With Lasers
Wolfgang Kimmig

14:30 Discussion and Summary
Expert Panel and Attendee Interaction

14:45 – 15:15 *Coffee Break with Exhibitors*

15:15 – 16:30 **Advances and Controversies in
Hair Removal**

Moderator: Russe-Wilflingseder

Expert Panel: Dierickx, Hædersdal, Kimmig, Paasch, Raulin

15:15 Hair Removal: Overview & Present Status
Christine Dierickx

15:30 Laser and Photoepilation:
From an Evidence-Based Point of View
Merete Hædersdal

15:45 Hair Removal With a Continuous Wave Laser
Uwe Paasch

16:00 Lasers and IPL's: Side Effects & Complications
Are Home Devices the Future?
Wolfgang Kimmig

16:15 Discussion and Summary
Expert Panel and Attendee Interaction

16:30 – 17:00 **Advances and Controversies in Toxins & Laser Chromophore Absorption:**

Moderator: Russe-Wilflingseder

Expert Panel: Alvarez, Buendia, Nemeth, Raulin

16:30 Toxins: Differences in Results / Comparative Study:
Botox vs. Dysport/Reloxin
Christian Raulin

16:45 Laser Chromophore Absorption: Hemoglobin and Light
A New Approach to Treat Leg Veins?
Xavier Alvarez, Gabriel Buendia

17:00 Discussion and Summary
Expert Panel and Attendee Interaction

17:15 – 17:30 *Session Ends*

Closing & Invitation to *LaserBarcelonaInnsbruck 2010*
Presentation of Artistic Tyrolean Inspired Certificates to All Attendees

Katharina Russe-Wilflingseder, Conference President

Albert J. Nemeth, Program Chair

Gabriel Buendia, LaserBarcelona

20:00 *Tyrolean Evening with Folkloric Music and
Performance of the „Tiroler Schuhplattler“
in the Restaurant and Garden of Villa Blanka*

*Please join us for a memorable, joyous evening of
Tyrolean hospitality!*



Tyrolean Evening

Saturday, September 6, 2008

Post-Conference Workshops

Pre-Register at registration@laserinnsbruck.com or on site at the registration desk.

Admittance to Workshops is free for registered attendees of LaserInnsbruck 2008. If you plan to only attend the Workshops, there will be a 50 EURO charge per workshop.

Space is limited, registrations are handled on a first come, first served basis.

09:00 – 10:15 Asclepion Laser Technologies

Aesthetic Treatments in Combination –
Fractional Rejuvenation – Acoustic Waves –
Radiofrequency
Tanja Fischer MD, nn

09:00 – 10:15 Cynosure

Multiplex Technology with Affirm and Cynergy
Emil Tanghetti MD

09:00 – 10:15 Ellipse GmbH

Differential Treatment of Vascular Lesions with I²PL
and Nd:YAG Laser
Michael Drosner MD

09:00 – 10:15 Fotona

Combined Er:YAG and Nd:Yag Skin Rejuvenation Treatment
Lidija Volovec MD

10:30 – 11:45 A. Duschek GmbH - MedixSysteme

Ultracontour Non Invasive Body Contouring with
Sonographic Study
Hana Raková MD

10:30 – 11:45 Cynosure

The Future of Laserlipolysis with
Smartlipo MPX by Cynosure
John Millard MD

10:30 – 11:45 Rhytec

Suzanne Kilmer MD

updated at www.laserinnsbruck.com

Exhibitors List

Kindly supported by:

Exhibitors & Sponsors (final listing as of July 10, 2008)	Booth
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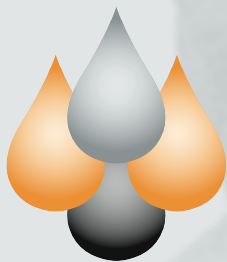
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