

FINAL PROGRAM

LaserInnsbruck 2010

advances and controversies
in laser and aesthetic surgery

3rd International Conference
September 15 - 18, 2010

Laserzentrum Innsbruck
Russe-Wilflingseder



Dear Colleagues,

I have the pleasure to announce **LaserInnsbruck 2010**, Advances and Controversies in Laser and Aesthetic Surgery, 3rd International Conference, held in Innsbruck September 15 - 18, 2010. We hope you find time to join this meeting!

This conference keeps the successful concept of LaserBarcelona 2006 and LaserInnsbruck 2008 with the academic profile free of commercial interference from industry and tries to be one of the main European laser meetings to discuss the latest improvements in medical laser uses. Again we could gain a distinguished faculty of experts from all over the world for laser development, innovations and applications in cutaneous laser and aesthetic surgery.

This highly professional 3 day conference is meant to be a unique opportunity to discuss controversially progress in laser and aesthetic medicine and to share the most recent knowledge and outstanding experience of highly renowned international experts. The "hot topics" in cutaneous lasers and adjunctive procedures in aesthetic surgery are focused in short sessions. Discussion and interactive exchange of knowledge with the audience is of major importance.

LaserInnsbruck 2010 is of benefit to beginner and experienced laser and aesthetic surgeons.

Workshops offer you the opportunity to discuss the newest devices and to exchange knowledge with the experts.

For the first time an entire session will be devoted to "Free Communications" in basic science and controversies within the field of lasers and aesthetic medicine. Please take this opportunity to submit your abstract and contribute to make the conference truly memorable and relevant for your practice. With your participation and presentation of new observations and ideas in the field of lasers and aesthetic medicine

these free communications are meant to be an additional constructive forum of faculty-speaker-audience interaction.

Autumn is one of the best periods to visit Innsbruck. The city of two Olympic Winter Games is attractive for its extraordinary location within the heart of the Alps. The famous old part of the city with the "Golden Roof" and other places of interest are all within walking distances. One highlight is the conference venue in the Historic University of Innsbruck with its famous Kaiser Leopoldsaal.

We intend to make your stay in Innsbruck worthwhile due to an interesting scientific conference and an enjoyable social program for participants and accompanying persons.

We are looking forward to welcome you to Innsbruck in 2010.



Katharina Russe-Wilflingseder MD
Conference President



Innsbruck - Hofburg and Nordkette

Conference President

Katharina Russe-Wilflingseder MD – *Innsbruck, Austria*

Program Chair

Gabriel Buendia MD – *Barcelona, Spain*

Albert J. Nemeth MD – *Clearwater, USA*

Katharina Russe-Wilflingseder MD – *Innsbruck, Austria*

Faculty

Maurice Adatto MD – *Geneva, Switzerland*

Skinpulse Dermatology, Laser and Beauty Centres

R. Rox Anderson MD – *Boston, USA*

*Department of Dermatology, Harvard Medical School,
Wellman Center for Photomedicine, Massachusetts General Hospital*

Gabriel Buendia MD – *Barcelona, Spain*

Instituto de Fotomedicina, Centro Medico Teknon

Christine Dierickx MD – *Boom, Belgium*

Skin and Laser Center Boom

Merete Hædersdal MD PhD – *Copenhagen, Denmark*

Department of Dermatology, Bispebjerg University Hospital

Thomas Hintringer MD – *Linz, Austria*

*Abteilung für Plastische, Ästhetische und Rekonstruktive Chirurgie
Krankenhaus der Barmherzigen Schwestern*

Peter Kaudewitz MD – *Munich, Germany*

*Klinik und Poliklinik für Dermatologie und Allergologie,
Klinikum der Universität München*

Suzanne L. Kilmer MD – *Sacramento, USA*

Laser and Skin Surgery Center of Northern California

Leonardo Longo MD – *Florence, Italy*

Istituto di Laser Medicina Firenze

Albert J. Nemeth MD – *Clearwater, USA*

Advanced Specialized Laser Center



Kaiser Leopoldsaal – Conference Hall

Reinhard Neumann MD – *Vienna, Austria*

Universitätsklinik für Dermatologie, Medizinische Universität Wien

Keyvan Nouri, MD – *Miami, USA*

*Department of Dermatology and Otolaryngology and Laser
Surgery, University of Miami*

Christian Raulin MD – *Karlsruhe, Germany*

Laserklinik Karlsruhe

Katharina Russe-Wilflingseder MD – *Innsbruck, Austria*

Plastische Chirurgie und Laserzentrum Innsbruck

Berthold Rzany MD, MSc – *Berlin, Germany*

Klinik für Dermatologie, Charité, Universitätsmedizin Berlin

Thomas Schoeller MD, MSc – *Stuttgart, Germany*

*Zentrum für Plastische Chirurgie, Klinik für Handchirurgie, Mikro-
chirurgie und Rekonstruktive Brustchirurgie, Marienhospital Stuttgart*

Emil A. Tanghetti MD – *Sacramento, USA*

Center for Dermatology and Laser Surgery

Gottfried Wechselberger MD, MSc – *Salzburg, Austria*

*Abteilung für Plastische und Wiederherstellungschirurgie,
Krankenhaus der Barmherzigen Brüder*

Christopher B. Zachary MD – *Irvine, USA*

Department of Dermatology, University of California Irvine

Organization

Organizing Committee:
Laserzentrum Innsbruck
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Conference Venue

Faculty of Catholic Theology
of the University of Innsbruck
Kaiser Leopoldsaal
Karl-Rahner-Platz 3
6020 Innsbruck, Austria

CME

The conference is accredited with 15 CME credit points (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME) and with 21 DFP points ("DiplomFachPunkte Dermatologie und Plastische Chirurgie der Österreichischen Ärztekammer").

Abstract Submission

Submit your abstract for the Free Communications session before June 15, 2010
For abstract submission visit www.laserinnsbruck.com

Registration Dates and Hours

Wednesday, Sept. 15, 2010	15:00 - 19:00
Thursday, Sept. 16, 2010	08:30 - 18:00
Friday, Sept. 17, 2010	08:30 - 18:00
Saturday, Sept. 18, 2010	08:30 - 13:00

Registration Fee:

	Doctor	Resident*
before June 30, 2010	EUR 460	EUR 305
after June 30, 2010	EUR 590	EUR 395

* A letter of verification from Department Chair must accompany application for a reduced fee.

For registration and accomodation visit

www.laserinnsbruck.com

Registration Fee for Participants covers:

Admission to scientific sessions and exhibition
Admission to workshops
Certificate of attendance
Coffee breaks
Lunches
Welcome Reception

Cancellation Policy:

A handling fee of EUR 50 is deducted for cancellation.
Refund requests must be received by mail or fax prior August 31, 2010.
No refunds will be made thereafter.

Workshops

Pre-Register at registration@laserinnsbruck.com or on site at the registration desk.

Admittance to Workshops is free for registered attendees of LaserInnsbruck 2008. If you plan to only attend the Workshops, there will be a 50 EURO charge per workshop.

Space is limited, registrations are handled on a first come, first serve basis.

Wednesday, September 15, 2010

15:00 - 19:00 *Registration*

17:00 - 18:00 **Opening and Welcome**

Kaiser Leopoldsaal

Katharina Russe-Wilflingseder,
Conference President & Program Chair
Albert J. Nemeth, Program Chair
Christine Oppitz-Plörer,
Mayor of the City of Innsbruck
Artur Wechselberger,
President of the Tyrolean Medical Association
Chamber Music by the Atum Ensemble
Karin Herold, *Violoncello*
Verena Schebrak, *Flute*
Nills Silkalns, *Violine*
Julia Spath, *Piano*

18:00 - 18:30 **Invited Lecture**

Anniversary - 50 Years of Laser Medicine
Leonardo Longo
Endocrinology, Associate Professor of Laser
Medicine and Surgery, University of Siena
Chief of the Institute for Laser Medicine
Florence, Italy

18:30 - 21:00 **Welcome Reception in the Exhibit Hall**

Madonnensaal

*Interact with fellow colleagues, the
faculty and exhibitors. Make new friends
while having a splendid time and
enjoying a Tyrolean "Bretteljause"!*



Madonnensaal - Exhibit Hall

Thursday, September 16, 2010

09:00 - 10:30 **Advances and Controversies in
Body Contouring**

Moderator: Dierickx

Expert Panel: Adatto, Anderson, Kilmer,
Russe-Wilflingseder, Zachary

- 09:00 The Science and Selective Photothermolysis of Fat
Rox Anderson
- 09:15 Non Invasive Body Shaping: Where Do We Stand?
Maurice Adatto
- 09:30 Fat Reduction by Cryolipolysis
Suzanne Kilmer
- 09:45 Cryolipolysis and Radiofrequency as Selective
Agents for Localized Fat Reduction
Christopher Zachary
- 10:00 Laserlipolysis: Pros and Cons
Katharina Russe-Wilflingseder
- 10:15 Discussion and Summary
Expert Panel and Attendee Interaction
- 10:30 - 11:00 *Coffee Break with Exhibitors*



Golden Roof

11:00 – 12:30 Advances and Controversies in Skin Tightening

Moderator: Tanghetti

Expert Panel: Adatto, Anderson, Dierickx, Russe-Wilflingseder, Zachary

11:00 Acoustic Waves for Cellulite: Where Are We Now?
Katharina Russe-Wilflingseder

11:15 Cellulite and Striae: What Works and What Doesn't!
Maurice Adatto

11:30 Radiofrequency and its Role in Tissue Tightening
Christopher Zachary

11:45 Ultrasound and Deep IR for Facial Skin Tightening
Christine Dierickx

12:00 Non Surgical Skin Tightening: Myth vs. Reality
Rox Anderson

12:15 Discussion and Summary
Expert Panel and Attendee Interaction

12:30 – 13:30 *Lunch in the Exhibit Hall*

13:30 – 15:15 Advances and Controversies in Soft Tissue Augmentation and Toxins

Moderator: Nemeth

Expert Panel: Kilmer, Raulin, Rzany, Schoeller

13:30 Is There a Filler of Choice? Adverse Reactions to Injectable Fillers: Risk Factors and Treatment Suggestions
Berthold Rzany

13:45 Lipofilling: A Valuable Addition to Soft Tissue Augmentation
Thomas Schoeller

14:00 Botulinumtoxins in Aesthetics: What Should You Know About it?
Berthold Rzany

14:15 Abo- & Ona- Botulinumtoxin A: Is One Better Than the Other? Key Advantages and Disadvantages of Each
Christian Raulin

14:30 Botox and Fillers in Combination with Lasers: How to Do, Any Risks?
Suzanne Kilmer

14:45 Discussion and Summary
Expert Panel and Attendee Interaction

15:00 – 15:15 *Coffee Break with Exhibitors*

15:15 – 16:20 Free Communications in Fractional Lasers

Moderator: Kaudewitz, Raulin

15:15 Sequential Combination of Different Laser Wavelengths for Facial Skin Rejuvenation
Leonardo Marini, Trieste, Italy

15:21 Clinical Comparison of Intensed Pulsed Light vs. Intensed Pulsed Light and Nd:YAG Laser for Facial Rejuvenation in Latin-Americans
Aura Ruiz, Bogotá, Colombia



Ambras Castle



St Jakob's Cathedral

- 15:27 Fractional Ablative Resurfacing in Middle Eastern Skin: Safety Study
Sami Alsuwaidan, Riyadh, Saudi Arabia
- 15:33 CO₂ Fractional Laser: Clinical Experience and Animal Research Comparison with Non-Ablative Fractional Laser
Seung-Ha Park, Seoul, Korea
- 15:39 Acne Scars in Ethnic Skin Treated with Both Fractional 1550 nm and Fractional CO₂ Lasers: Comparative Retrospective Study
Abdulmajeed Alajlan, Riyadh, Saudi Arabia
- 15:45 Nonablative Fractional Resurfacing as a Field Treatment Modality for Multiple Actinic Keratosis
Errol Prens, Rotterdam, Netherlands
- 15:51 Fractional Rejuvenation: My Perspective
Tanja Fischer, Potsdam, Germany
- 15:57 Efficacy of Combined Nd:YAG Therapy Techniques for Non-Invasive Neck Lift.
Efficacy of the Nd:YAG Laser for Non-Invasive Breast Lift
Elizabeth VanderVeer, Portland, USA
- 16:05 The eCO₂ - A Formidable Device for Daily Use
Bettina Rümmelein, Zurich, Switzerland
- 16:11 Discussion and Summary
- 16:20 Session Ends
- 15:00 – 18:00 Visit the Exhibits



Waterside Promenade

16:30 – 17:30 Free Communications in Body Contouring

Moderator: Adatto, Hintringer

- 16:30 Laser Lipolysis with a 980 nm Diode Laser: Personal Experience
Tiziana Lazzari, Genova, Italy
- 16:36 980 nm Laserlipolysis and Skin Tightening of a Difficult to Treat Area: the Lower Lid
Yann Renoulet, Recklinghausen, Germany
- 16:42 Laser Lipolysis Using a 940 nm Diode Laser
René Milleret, Montpellier, France
- 16:48 Innovative New and Effective Treatment for Fat Reduction
Markus Steinert, Biberach, Germany
- 16:54 Comparison of SAL, WAL, UAL, PAL and LAL
Afschin Fatemi, Düsseldorf, Germany
- 17:00 Effective Nonsurgical Body Sculpting with HIFU - Histological, Pathological and Clinical Analysis
Afschin Fatemi, Düsseldorf, Germany
- 17:06 Discussion and Summary
- 17:20 Session Ends
- 15:00 – 18:00 Visit the Exhibits
- 19:30 *Faculty Dinner at the Weiherburg*
(by personal invitation only)



Weiherburg - Faculty Dinner

15:15 – 16:15 Workshops

Workshop Asclepion Laser Technologies

Combining Laser Therapy, Radiofrequency and Acoustic Wave for Unique Results - Experience and Live Demo

Yann Renoulet
Auditorium 1

Workshop Deka

Clinical and Experimental Investigations on Novel Dermo-Epidermal Optical Thermolysis (DOT) with Fractional CO₂ Laser

Paolo Bonan
Auditorium 2

16:30 – 17:30 Workshops

Workshop Syneron / Candela

eMatrix, Sublative Rejuvenation

Christine Dierickx
Auditorium 1

Workshop Fotona

Skin Rejuvenation - Combined Treatment with Fractional Er:YAG and Nd:YAG Lasers

Leonardo Marini
Auditorium 2

Workshop Aesthetic Visions

Augmentation of Volume with HYAcorp

Tanja Fischer
Auditorium 3

15:00 – 18:00 Visit the Exhibits



Karwendel View

Friday, September 17, 2010

09:00 – 10:45 Advances and Controversies in Fractional Lasers

Moderator: Kilmer

Expert Panel: Dierickx, Hædersdal, Raulin, Tanghetti, Zachary

09:00 The Science of Fractionated Ablative Surgery
Christopher Zachary

09:15 Is Deeper Better? An Analysis of the Depth of Non Ablative Injury and Clinical Outcomes
Emil Tanghetti

09:30 Fractionated Ablative vs. Non-Ablative: Where Do We Go?
Christine Dierickx

09:45 Periorbital Rhytids: Evidence Based Split Face Study Fractionated CO₂ vs. Er:YAG
Christian Raulin

10:00 Fractional Laser-Assisted Drug Delivery
Merete Hædersdal

10:15 Discussion and Summary
Expert Panel and Attendee Interaction

10:30 – 11:00 *Coffee Break with Exhibitors*

11:00 – 12:30 Advances and Controversies in the Treatment of Scars

Moderator: Zachary

Expert Panel: Dierickx, Hædersdal, Kaudewitz, Longo, Nouri, Wechselberger

11:00 Lasers in the Management of Scars: Overview and Present Status
Keyvan Nouri

11:15 Scars - When is Surgery Indicated?
Elisabeth Russe, Gottfried Wechselberger

11:30 Non Ablative Fractional Treatment for Scars and Striae
Christine Dierickx

- 11:45 Fractional Ablative for Acne Scarring
Peter Kaudewitz
- 12:00 Laser and Non-Laser Lights in the Treatment of Scars: What is it About?
Leonardo Longo
- 12:10 Fractional Laser Treatment of Burn Scars: Update in a Nutshell
Merete Hædersdal
- 12:15 Discussion and Summary
Expert Panel and Attendee Interaction
- 12:30 – 13:30 *Lunch in the Exhibit Hall*
- 13:30 – 14:45 **New Perspectives in the Treatment of Vascular Lesions**
Moderator: Anderson
Expert Panel: Hædersdal, Hintringer, Kilmer, Nemeth, Neumann, Tanghetti
- 13:30 New Developments in the Treatment of Vascular Lesions
Rox Anderson
- 13:45 New Advances Using 755 nm Lasers
Suzanne Kilmer
- 13:55 A Critical Examination of New High Powered IPL Devices in the Treatment of Vascular Lesions. How Do they Stack Up Against Pulse Dye Lasers?
Emil Tanghetti
- 14:05 Cutting Edge Laser Therapy for Medical and Cosmetic Vascular Lesions Encountered in Daily Practice
Albert Nemeth
- 14:15 Hemangiomas and Vascular Malformations: Interstitial Lasers and/ or Surgery?
Thomas Hintringer
- 14:25 Port-Wine-Stains: Three Decades of Vienna Experience
Reinhard Neumann
- 14:35 Port-Wine-Stains: Update/ The Copenhagen Perspective
Merete Hædersdal
- 14:45 Discussion and Summary
Expert Panel and Attendee Interaction
- 14:45 – 15:15 *Coffee Break with Exhibitors*
- 15:15 – 16:20 **Free Communications III**
Moderator: Hædersdal, Kaudewitz
- 15:15 Treatment of Infantile Hemangioma - Do We Still Need a Laser?
Karin Kunzi-Rapp, Ulm, Germany
- 15:21 Hypertrophy in Port-Wine-Stains
Albert Wolkerstorfer, Amsterdam, Netherlands
- 15:27 Minocyclin Induced Hyperpigmentation of the Face
Kludia Knerl, Linz, Austria
- 15:33 Fractional Laser Therapy Has Limited Efficacy in Pigmented Disorders: Results From Three Randomized Controlled Studies
Albert Wolkerstorfer, Amsterdam, Netherlands
- 15:39 Photoepilation with Variable Pulsed Light: A New Modality for Longtime Hair Removal
Gregor Holzer, Vienna, Austria
- 15:45 Effective Diagnostic and Predictive Treatment Protocol of Basal Cell Carcinoma with PDT. Finally...
Roman Šmucler, Prague, Czech Republic
- 15:51 Discussion and Summary
- 16:10 Session Ends
- 15:00 – 18:00 Visit the Exhibits



Court Church Innsbruck

15:15 – 16:15 Workshops

Workshop International Academy of Body Contouring and Laser Lipolysis

My Experience and Perspective in Laser Lipolysis including Video Demonstration
Katharina Russe-Wilflingseder
Auditorium 1

Workshop Sciton

Sciton Laser Platforms Offers Multi-, Combination and Laser Lipolysis Treatment to Achieve Comprehensive Clinical Results
Alois Fister, Ludger Meyer
Auditorium 2

16:30 – 17:30 Workshops

Workshop Zeltiq Aesthetics

CoolSculpting: A Non-Invasive Approach to Fat Reduction Using Cryolipolysis
Christine Dierickx, Christopher Zachary
Auditorium 1

Workshop Medicis Technologies

The LipoSonix System: Enhanced Results and New Treatment Regimens
Afschin Fatemi
Auditorium 2

15:00 – 18:00 Visit Exhibition

20:00 *Tyrolean Evening in the Mellauner Hof (Tyrol's Oldest Inn) Please join us for a memorable, joyous evening of Tyrolean hospitality! Wine Tasting, "Selchkammer" and "Schuhplattler"!*



Mellauner Hof - Tyrolean Evening

Saturday, September 18, 2010

09:00 – 09:45 Optimization in Photodynamic Therapy

Moderator: Nouri
Expert Panel: Hædersdal, Tanghetti

09:00 Methods of Optimizing PDT for the Treatment of Precancerous Lesions
Emil Tanghetti

09:15 New Directions in PDT for Non-Melanoma Skin Cancer and Actinic Keratosis
Merete Hædersdal

09:30 Discussion and Summary
Expert Panel and Attendee Interaction

09:45 – 10:45 Advances in the Treatment of Pigmented Lesions and Tattoos

Moderator: Adatto
Expert Panel: Kilmer, Nemeth, Raulin

09:45 Tattoos: State of the Art Laser Therapy
Albert Nemeth

10:00 New Developments for Pigmented Lesions and Tattoos
Suzanne Kilmer

10:15 Treatment Mistakes When Non-Physicians Wield Laser and IPL Technology: Are Patients in Danger?
Christian Raulin

10:30 Discussion and Summary
Expert Panel and Attendee Interaction



Bergisel

10:45 – 11:15 *Coffee Break with Exhibitors*

11:15 – 11:45 **Future in Laser and Light Technology**

Invited Lecture

Cutting Edge Laser Therapy: What's New on the Horizon?

Rox Anderson

Professor of Dermatology, Harvard Medical School
Director, Wellman Center for Photomedicine
Massachusetts General Hospital
Boston, USA

11:45 – 12:00 **Conference Ends**

Closing & Invitation to

LaserBarcelonaInnsbruckClearwater 2012

Presentation of Artistic Tyrolean Inspired

Certificates to All Attendees

Katharina Russe-Wilflingseder

Albert J. Nemeth



Walderalm

Exhibitors List

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Booth

listing as of August 20, 2010

updated at www.laserinnbruck.com

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AFS Medical GmbH	10
Asclepion Laser Technologies GmbH	07
ASLMS	17
BioMatrix SL / Neova Advanced Skin Care	02
Cynosure, Inc.	03
Deka S.r.l.	04
Dornier MedTech Laser GmbH	15
European Aesthetics GmbH	12
Fotona	06
International Academy of Body Contouring and Laser Lipolysis	
Johnson & Johnson Medical Products GmbH	
Meda Pharma GmbH	05
MedArt - an Energist Group Company	14
Med-Lab GmbH	09
Medicis Technologies Corp.	11
Quantel Derma GmbH	08
Sciton Inc.	13
Storz Medical AG	01
Syneron Medical Ltd. and Candela Corporation	16
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Bergisel Ski Jump



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Abstract and Travel Grant Deadline: October 18, 2010

31st ASLMS Annual Conference
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March 30 – April 3, 2011

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The Academy provides advanced education
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Activities

- Educational Workshops
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MISSION STATEMENT

The International Academy of Body Contouring and Laser Lipolysis fosters, promotes, supports and develops the science, art and practice of laser-assisted lipolysis and body contouring according to latest technological developments and clinical findings within an advanced training course series under the guidance of practitioners acting through an academic entity.

For more information and to apply for membership, please contact:
info@academy-laserlipolysis.eu - www.academy-laserlipolysis.com



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